

CERTIFICATE OF PARTICIPATION

This is to certify that

Ian Heunis

Has successfully participated & completed the
15km Cowhouse Spring Trail Run 2016

held at Cowhouse Market.

TIME 01:39:41

PACE 06:37/km
OVERALL 3 of 9

GENDER 3 of 6
OPEN 2 of 5

29 October 2016, Sat

Date



BoutTime

Signature

